

# ADR SPEC SHEET

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## AUDIO

Embedded split track guides in Quicktime file  
OR  
Discrete .WAV files

**\*Audio 2-Pop required on all tracks\***

## VIDEO

**Format:** ProRes, DNxHD, H.264  
**Resolution:** 720, 1080

Full reels and/or episodes preferred  
Clips should include 10 second handles

**\*Burn in TC/Visual 2-Pop Required\***

## CONNECTION INFO

**Source Connect:** soundloungeadr  
(RTS or TC/Ch.2)  
**Source Connect Now:** [Click Here](#)  
**ipDTL:** [Click Here](#)  
**Cleanfeed:** Available Upon Request  
**Zoom:** Available Upon Request

## TECHNICAL SPECS

**System:** Pro Tools v2022.7  
**Pre:** Focusrite Red 8  
**Boom:** MKH416, MKH50, CMIT5U  
**Lav:** COS-11D, B6, DPA 6060, DPA  
4060  
**LDC:** U87, TLM170

\*Other mics available upon request

*If you have any questions, please reach out to our team:*

Executive Producer: [robb@soundlounge.com](mailto:robb@soundlounge.com)  
ADR Mixer: [pat@soundlounge.com](mailto:pat@soundlounge.com)  
ADR Assistant: [adrassist@soundlounge.com](mailto:adrassist@soundlounge.com)  
Upload: [siftadr.portal.massive.app](#)